Birds in Your Garden

How to bring back the little ones . . .

Australia-wide, populations of many of our small bird species are declining. Once common birds such as finches, fairy-wrens, and small honeyeaters are becoming rare, or in some places are no longer being seen at all. There are many reasons for this, but the biggest is the loss of places for them to live (habitat) and successfully raise their families.

This situation exists in both rural farmlands and in built up urban areas; from big cities to rural townships. That means that we can all contribute towards saving our small birds irrespective of where we live or how big our gardens are. We just need to do things a little differently.

Small changes for a big difference . . .

Garden design and structure:

Simple open gardens provide little shelter or food for birds. We need to plant:

- dense shrubs close together so they form protective thickets.
- shrubs that provide a range of foods: nectar, seeds, fruit, and habitat for insects.
- local plants that provide the things that the birds in our local areas need.
- below trees, creating a dense protective understory.
- less grass for mowing, but rather plant native grasses that can seed and only need cutting occasionally.

We should:

- avoid using insecticides
- use lawn clippings and leaf litter on garden beds as mulch.

Providing water:

Birds need fresh water but they are vulnerable when they are drinking or bathing and need to feel safe. We should:

- place birdbaths beyond the reach of cats, and in dappled shade.
- grow plants close to birdbaths so birds can perch and observe the area first.
- replace the water and clean the container regularly.
- ask a neighbour to add water when we’re away, so the birds don’t lose their water supply.

Provision of supplementary food:

It is much healthier for birds to glean natural food from our gardens than to be fed directly by people. However, many people really enjoy the contact they have with birds that they provide food for. If you want to provide extra food for birds:

- ensure the feeding area is kept really clean.
- don’t feed meat-eating birds – encourage the small birds that are declining, not their predators.
- only provide good quality natural foods, e.g. finch seed rather than bread.

Be a responsible pet owner:

Keep your cat inside or within an outside enclosure. This is safer for the cat as well as other wildlife.

- De-sexing prevents unwanted kittens
- Deter other cats from entering your yard by spraying them with water.

To find out more about identifying the birds in your area, creating gardens and habitat for birds at home, in school grounds or any open space, or undertaking bird surveys in your own garden or local area, see the Birds in Backyards website: www.birdsinbackyards.net

Photo credits: Wojciech Dabrowka and Kevin Vang/Bird Explorers (Diamond Dove, Splendid Fairy-wren male, Zebra Finch, Singing Honeyeater, Grey Shrike-thrush, Black-faced Woodswallow, Black-faced Cuckoo-shrike, Pied Butcherbird, Rainbow Bee-eater, White-plumed Honeyeater, Channel-billed Cuckoo, Rufous Whistler, Budgerigar, Yellow-throated Miner, Red-tailed Black Cockatoo); Richard Major/Australian Museum (Magpie-lark, Australian Magpie, Willie Wagtail, Galah), Raoul Simonich (Splendid Fairy-wren female), Lisa Harris (Australian Ringneck); Ray Simula (Grey-crowned Babbler); Heather Wright (Spiny-cheeked Honeyeater)